

SECOND QUARTER
2016



Spring Branch-Memorial SBMSA Sports Association

As a member of SBMSA, you'll receive a quarterly newsletter which will include information on:

- Upcoming events
- Important dates
- In-person registrations
- Opening days
- Gala information
- And much, MUCH more!

What this means for SBMSA families is fewer emails, but more information, AND we'll be including articles about our coaches, staff, teams and players.

SBISD Advanced Movers Initiative and SBMSA

Perhaps you have heard the term "Advanced Movers" around the basketball courts or football fields of SBMSA. If not, it's time to learn more about this collaborative effort between SBISD athletics and health fitness specialists across all SBISD elementary campuses and the roll SBMSA is playing to support this initiative.

The district offers a 6th grade developmental athletics class, known as the Advanced Movers Initiative to incoming students that focuses on four primary goals: 1) early identification of students who show an interest or talent in movement activities so the district can provide them with opportunities to feed and develop those interests; 2) the teaching and development of identified movements and skills inherent in all sports activities; 3) increased exposure to the UIL sports offered in SBISD through attendance of athletic events within and outside of the district, clinics, camps, leagues, intramurals and curriculum offered within district classes; and 4) a systemic commitment to the development of our coaches' and health fitness teachers' capacity in teaching and coaching through a myriad of staff development opportunities.

Advanced Movers enrollment is based upon recommendations of elementary health fitness specialists in collaboration with campus counselors, administration and coaches. SBISD Athletic Director Paige Hershey explains, "We want more vertical alignment activities between our high schools, middle schools and elementary schools, so that our younger students know and look forward to what's ahead. They know what schools they'll attend and even know the coaches at the school. They look to the high school student-athletes as role models and our high school students recognize that they are role models and have much to offer to those coming up." Hershey further

added, "While more of our socioeconomically disadvantaged students are participating than ever before because of the initiative, the Advanced Movers Initiative is a program for every SBISD student."

Although the Advanced Movers Initiative begins at the elementary level, it offers opportunities for students throughout middle and high school with programming such as the Future Coaches Academy, which is a program that provides high school students with opportunities to serve as coaches and mentors to middle school and elementary school students. In partnership with Texas A&M, students have the opportunity to visit the campus for a day and engage with professors there who give them an idea of what possibilities exist to pursue a career with an athletic bent in the future.

(continued on page 3)



9/10 Girls Dream Team from Ridgecrest Elementary
Coached by Health Fitness Specialists Spencer Turner and Terri Doherty

IN THIS ISSUE



GALA SUCCESS

Board Member Spotlight



Medical Minute



Recognitions

We're on the web! See us at: www.SBMSA.org

SBMSA Announces Formation of Sportsmanship Committee

SBMSA Board is pleased to announce the formation of a Sportsmanship Committee led by Mike Gilbert. It will consist of eight members and each sport will have a sportsmanship commissioner to serve a 2 yr. term on the committee. The purpose of the committee is to reinforce consistently across all six SBMSA sports that sportsmanship is a core value of SBMSA. That includes better tracking of individuals, coaches and fans, who display repeated lapses of good sportsmanship and/or conduct across multiple SBMSA program venues. This committee will help bring consistency and accountability to the coach selection process between the sport programs and provide a mechanism to permanently remove coaches for repeat lapses in sportsmanship and/or indifference in providing positive coaching and mentoring leadership to our youth athletes. It will further serve to deal with unruly fans and families for the same reasons.

There will be a separation of duties between the individual sports board level and the sportsmanship committee. Sportsmanship

matters to remain at Sports Board level include 1) all coach/parent or player suspensions resulting from ejection by game officials is a mandatory one game suspension and 2) all player suspensions or dismissals will be determined at respective Sports Board level. The Sportsmanship Committee will address issues (outside of actions by game officials) where a coach/parent merits disciplinary discussion for actions, has been previously suspended for conduct detrimental to league core values or at the request of the Program Director. Any matter brought to the Sportsmanship Committee will be discussed and determined by the Sportsmanship Committee and not the individual sport boards. All decisions made by either the individual sports level board or the Sportsmanship Committee are final and not subject to appeal.

The SBMSA Board also voted unanimously to adopt Positive Coaching Allegiance (PCA) as the universal sportsmanship portal for all sports and will require all SBMSA coaches/assistant coaches to become PCA compliant.

IMPORTANT DATES TO REMEMBER

(These dates are tentative and subject to change; see website for specific details)

May – August

Registration for Fall Football (flag and tackle)
Registration for Fall Soccer

June 2

SBMSA night at Typhoon Texas Waterpark

June 30

Summer Jr. Baseball registration closes

July

Summer Jr. Baseball season
7 on 7 season

We also have many summer camp options available - please check the website for specific dates/times.

SBISD Advanced Movers Initiative and SBMSA

(continued from page 1)

SBMSA plays a key role in assisting SBISD Athletics with the Advanced Movers Initiative. SBISD has a dedicated staff led by Advanced Movers Coordinator Samuel Karns who works closely with SBMSA to align efforts and offer access to area programming. In collaboration with the Karns, SBMSA leadership has successfully identified ways to not only include incoming 6th graders but younger age levels throughout the district. Karns shared his thoughts on our partnership by saying, "SBMSA is a game changing community partner that supports the Advanced Movers Initiative by helping SBISD bridge the gap that exists for our students, providing access to skill development as well as opportunities to implement those skills they are learning through a variety of organized sports. SBMSA and SBISD together can continue to plant more seeds by exposing students early on to a variety of sports as well as what it means to be a part of a team."

Hershey adds, "SBMSA has been a major partner in assisting us with the development and growth of the Advanced Movers Initiative. SBMSA has embraced our goal to increase participation in youth sports for all of our students, including those who may not have the financial resources to do so. Together, we have created a youth football camp with our four high school football staffs' involvement. We have created Advanced Movers basketball teams so that more than 100 students now participate in the league that might not otherwise. We ac-

tively engage in conversation and dialogue to find additional ways that SBMSA can assist us in having more students involved in all of the activities offered."

SBMSA is certainly not alone in supporting SBISD efforts as Mr. Karns shared his insight on the district's progress, "I'm very proud of the myriad of activities we have going within the Advanced Movers Initiative. In addition to SBMSA activities, we have more students involved in First Tee, running programs, USTA Ten and Under tennis, and even swimming lessons for an entire grade level of first graders at Edgewood Elementary." The ultimate goal is the formation of a community outreach committee consisting of organizations that share the same basic vision that team sports play an important role in the development of area youth. Student involvement in athletics teaches life lessons like the importance of teamwork, regular, rigorous exercise and hard work to improve one's skills."

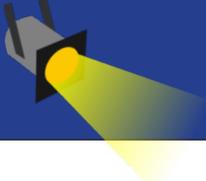
Hershey is very clear on her vision. "My vision of the Advanced Movers Initiative is loftier than most. I believe it is about community building, about finding ways to advance the future of every child, knowing that 'a rising tide lifts all boats.' We have incredible families and individuals involved in SBMSA and have seen nothing but enthusiasm and support from those who know what we are trying to accomplish. The biggest question has been how they can help so that we can do more. That's where we are now and I believe intentional planning with all of our partners will take us to the levels we hope to achieve." There are multiple ways for SBMSA fami-

Advanced Movers Mission Statement

Advanced Movers focuses on the promotion of an elevated Health Fitness/ Athletic path for those students with strengths and gifts in this area with a strong emphasis on collaboration between the elementary, middle school, high school and colligate levels. All stakeholders within the Advanced Movers programming are committed to providing multiple opportunities for student skill development across the district and in the community so that ALL of our students have the opportunity to work to their greatest potential through movement to access a future beyond high school.

lies to support this outreach program in our community. Organize equipment and shoe drives for players, sponsor a team or mentor a young coach, or even agree to coach a team with your older son or daughter. Please reach out to your SBMSA Board for more information.





SBMSA Board Spotlight

JR Baseball Director: David Paris

The next chapter of SBMSA Jr Baseball leadership is in great hands under the watchful eye of David Paris, and he is no stranger to the game. David played varsity baseball at Bellaire High School and was inducted into the Bellaire High School Baseball Hall of Fame in 2011 as a Pitcher/Infielder and Designated Hitter. He is a former member of the University of Texas baseball team from (1994-96) where he played under coach Cliff Gustafson and won a SWC league championship. David briefly played minor league baseball in the Texas Louisiana League for the Rio Grande Valley White-Wings organization before hanging up his glove in 1998.



David has hit the ground running in his first year leading the program by developing and soon to be introduced throwing program in conjunction with Memorial Hermann Ironman and leading the batting cage replacements at Pine Shadows and Spring Woods Middle School at the beginning of the baseball season. David and his wife Joslyn live the Wilchester area and have two kids currently participating in SBMSA son Jack (9) and daughter Evan (8) who together have played in the leagues football, soccer, basketball and baseball programs.

We asked David to sit down and share some thoughts with us about his experiences with SBMSA and share some advice and lessons learned from his time around baseball;

Q: What has SBMSA meant to you and your family?

SBMSA has been part of the Paris family since 1984 as I played football under recently inducted SBMSA coaching legend Bill Graham and his son and former SBMSA Director Murphy Graham. SBMSA has provided our family a community based sports environment that I experienced as a kid and I wanted my kids to have a similar experience. We have been very fortunate to have had wonderful coaches for both kids and I've enjoyed coaching when my schedule allows

Q: What single factor or factors led you to get involved in SBMSA?

First and foremost as a proud father, it provides a platform where I can spend time with my son and daughter and learn about the values of successes and failures through sports. As a former college and minor league baseball player, I enjoy coaching kids and paying forward what I've learned that hopefully results in opportunities for each kid to be successful on and off the field. In my playing days, I had the unfortunate experience of going through what are a baseball pitchers worst words "Tommy John Surgery" or right elbow ligament reconstruction. However, the lessons learned from this injury and the experience of working with Dr. James Andrews served as a wakeup call on the values of perseverance and hard work. Today this injury is nearly at an epidemic level as the result of kids throwing much more and at a much earlier age. Competition is a great thing, but it must be measured and balanced at a level that is safe for the youth athlete.

Q: What should people know about SBMSA?

The league has something available for every kid to help them participate and learn the values instilled by competitive sports. Specifically for the baseball program, we've developed a structure to enable baseball skill development at various levels. We have several projects underway that will serve to support this mission and make our baseball league a premier youth baseball organization.

Q: What has been the most rewarding part of your involvement with SBMSA?

Watching the kids grow, improve and succeed over the course of a given sports season is the best part. The relationships that are forged by the kids and the adults truly last a life time and I've been able to experience that not only as a player in the league but also now as a parent and coach.

Q: Where do you see SBMSA in 10 years?

Overall a successful sports association that continues to evolve and deliver top level services and programs to the community. The baseball program today has the most kids participating we've seen in many years, building on the trend that Jay Graham achieved in previous years. We all live in a fluid world of social connectivity that places greater demands on everyone's time. It will be fun to help the league be pro-active in the development of new technologies, programs, facilities and more, all supporting tomorrow's volunteer leaders and participant athletes.

Medical Minute

As summer quickly approaches and the weather warms up, there is an increase in outside activity, and an increase in child injury. Here's how to determine what can and can't wait when you consider a trip to the emergency room.

"When illness or injury strikes, it can be hard to tell whether you should treat the child at home until your regular doctor can see you or head straight to an emergency room," said Robert Lapus M.D., UTHealth emergency medicine physician and medical director of emergency services at Children's Memorial Hermann Memorial City. *"If you're ER-bound, consider a pediatric emergency department. Children are not mini-versions of adults – they don't get the same diseases and their bodies don't react the same way to illness, injury and medications."*



Robert Lapus M.D. sees pediatric patients at Children's Memorial Hermann Memorial City in the newly expanded pediatric emergency room, now open 24/7, 365-days a year.

BREAKS, SPRAINS AND STRAINS

Whether sports-related or play-associated, swelling and pain can be the result of a break, sprain or strain, although the three injuries are quite different. A pediatric emergency room has the necessary equipment for a physician to make the correct diagnosis, provide short-term treatment and, if necessary, refer the child to a pediatric orthopedist.

STOMACH PAIN

Abdominal pain that gets worse or leaves your child screaming in pain needs to be addressed immediately. Definitely go to the emergency room, where physicians can evaluate your child for emergencies such as appendicitis.

FEVER AND VOMITING

Flu season is not totally gone so be aware. If a child is less than 2-months old and has a fever of 100.4, that is an emergency. For older kids if they're lethargic or listless it's an emergency. If they're drinking well and playing a little, they're probably fine. You can treat the fever at home with over-the-counter meds if follow proper dosing instructions, and follow-up with their pediatrician.

DEHYDRATION

If your child can't hold down any fluids, even just a sip, it's an emergency. Children become dehydrated very quickly and may need medication and/or IV fluids. Signs of dehydration include dry mouth, sunken eyes, crying without tears and decreased urination. A child should urinate at least every 12 hours, preferably eight. If they're vomiting and lethargic or listless it's an emergency.

HEAD INJURIES

Anytime there is a loss of consciousness or bleeding, head to the emergency room immediately. If you choose to ride out a knock to the noggin, watch closely for signs of confusion, memory loss, nausea, blurred vision, balance problems and slurred speech – these symptoms may appear over 24-48 hours and range from mild to severe, but definitely warrant a pediatrician's attention.

CUTS, SCRAPES AND SCRATCHES

Excessive bleeding and gaping skin are pretty good indicators that stitches are in order, so head to the ER. Surface cuts can be treated at home with a good washing, application of over-the-counter antibiotic cream and bandages. Watch for signs of infection over the next couple of days and, if you're concerned, follow up with your pediatrician.

BREATHING DIFFICULTIES

Breathing problems are almost always a medical emergency. Asthma can develop at any age and can be induced by respiratory viruses, exercise, exposure to cigarette smoke or allergens, so be alert for symptoms. Wheezing, coughing, shortness of breath and tightening of the chest should be assessed by an emergency-room physician as soon as possible.

You can go to Memorialhermann.org to schedule your child's ER time online with Schedule Now. Schedule Now should only be used if you have a non-life-threatening situation that requires urgent attention.

In the event of a true emergency, call 911 or go to the nearest ER immediately.

We would like to thank our generous sponsors...

OLYMPIAN

Academy Sports + Outdoors
Group 1 Automotive
Memorial Hermann Healthcare Systems

PROFESSIONAL ATHLETE

Dinah & Will Huthnance/
Meredith & Langston Turner
The Light Charitable Trust and
Melissa & Mano DeAyala

FIRST ROUND DRAFT PICK

Friend of SBMSA
Todd Jones
Kelly & Steven Madden

COLLEGE ALL AMERICAN

Americanized Benefit Consultants
Robyn & Embry Canterbury
HG Ash Foundation
The Loggenberg Family
The McGarry Family
Specialty Heat Treat



IT'S A WRAP!

SBMSA's Boots, Buckles, and Ballgames!

April 2, 2016 marked Spring Branch-Memorial Sports Association's third bi-annual gala, **Boots, Buckles, and Ballgames**. The event took place at The Houston Farm and Ranch Club located in west Houston.

This is the largest fundraiser for SBMSA. Thank you to association's largest underwriters, Academy Group One Auto, and Memorial Herman Healthcare Systems.

The festivities began early with an intimate VIP reception hosting Gary P. Nunn and delicious bites by The Chuck wagon & Associates. Guests had their pictures taken with Gary P. in front of the magnificent Texas flag flower wall boasting red roses, white hydrangeas, and blue wildflowers.

Mano DeAyala, SBMSA board member, greeted a packed arena full of friends and neighbors to present the Legends of SBMSA awards to the late Bill Gammill, and Bill Graham. Both honorees began their SBMSA coaching careers in the 1960s. Graham stood up and spoke fondly of his late friend, Gammill and shared about his experience in SBMSA and passion for coaching.

Demeris Bar-B-Q plates were served along with individual pecan and apple pies. The gala included a silent auction, live auction and 3 big boards up and running with community member battling it out to win. The

puppies were a huge hit in the live action, the trip to the ESPYs, and a quite impressive wine cellar were among some other popular items. Gary P. Nunn was a crowd pleaser and fun entertainer as folks were struttin' their stuff out on the dance floor. He even signed a guitar to be auctioned off!

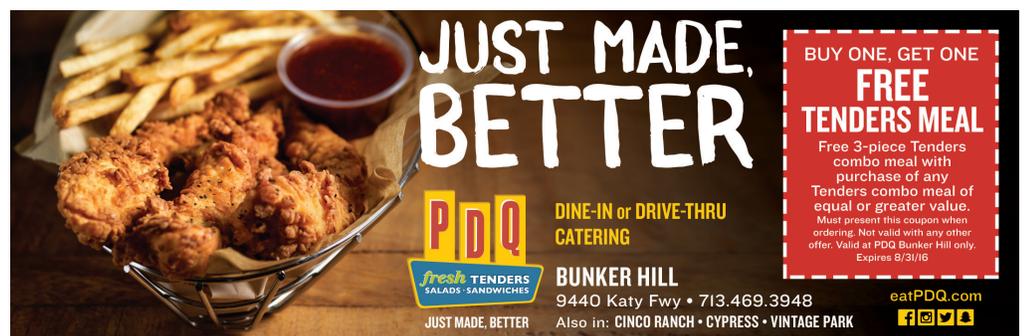
After his performance, the raffle drawing took place for \$30,000 towards a new car at Group One Auto.



Group 1 Automotive executive Pete DeLongchamps, with Gala MC Debra Duncan & the winning raffle winner Meredith Iler.

As the night was winding down and guests were checking out, PDQ boxes were handed out as a midnight snack. Yum!

Lastly, thank you to Absolutely Memorial for being our media sponsor.



JUST MADE, BETTER

PDQ DINE-IN or DRIVE-THRU CATERING

BUNKER HILL
9440 Katy Fwy • 713.469.3948
Also in: CINCO RANCH • CYPRESS • VINTAGE PARK

BUY ONE, GET ONE FREE TENDERS MEAL
Free 3-piece Tenders combo meal with purchase of any Tenders combo meal of equal or greater value. Must present this coupon when ordering. Not valid with any other offer. Valid at PDQ Bunker Hill only. Expires 8/31/16

eatPDQ.com

June 2, 2016 *1st Annual* **SBMSA FAMILY NIGHT**

EVENT HOURS: 5 PM - 9 PM



SBMSA Family Package

Includes:

- Admission to the park
- Choice meal of hamburger or hotdog
- Chips & a drink
- Private Picnic Pavilion

\$29.99 per person

Children under the age of 3 are FREE

Purchase Tickets Online!

Secure your spot **TODAY** by visiting the following link

<http://typhoontexas.pfestore.com/retail/tickets/SBMS/SBMS.aspx>

For more information please contact Tara at tara.hlavinka@typhoontexas.com

Community Partners



"The car is so awesome! I can't believe my Mom won. And I'm so glad Sterling McCall donated this car for the raffle so they can help our fields be even better."

William Iler #7-- Reds, SBMSA

All SBMSA members are entitled to VIP pricing with Group 1 Dealerships including Momentum and Sterling McCall brands.

HONORARIUMS & MEMORIALS



The individuals recognized below have been nominated by their peers, friends and/or players as outstanding mentors and role models within the SBMSA community, and have shown true commitment and hard work for the Organization.

In Honor of Rick Alexander
A friend of SBMSA

In Honor of The Murdock Family
A friend of SBMSA

In Honor of Kelly Bennett
Sue & John Bennett

In Honor of Rick Witte
A friend of SBMSA
2010-2015 Hooks Baseball Josh, Zach & Jacob Witte

In Honor of The Nottingham Knights Coaches,
Players and Fans Past, Present and Future
A friend of SBMSA

In Honor of Johnnie Randolph
2015 Freshman Flag Patriots

In Honor of Doug Bergen
A friend of SBMSA

In Honor of Mike Sperandio
2015 Freshman Flag Patriots

In Honor of Bryan D'Agostino
2015-16 7/8 SKY

In Honor of Langston Turner
2015 Freshman Flag Patriots

In Honor of Meredith Turner
A friend of SBMSA

In Honor of Doug Hodo
Aimee & Wynne Snoots

In Honor of Brian Moss
2015-16 7/8 SKY

In Honor of Thomas Muchard
A friend of SBMSA

In Honor of Caroline Bennett
Janice & George Harsh

**Have questions?
Contact your
Program Director
for more information!**

President Lewis Gissel
lgissel3@gmail.com

Jr. Baseball David Paris
dparis1997@yahoo.com

Football Philip Ranger
prangerjr@aol.com

Sr. Baseball Jay Graham
jay.graham@wildhorseresources.com

Basketball Rob Cooksey
sbmsabball@gmail.com

Lacrosse Rob Hawkins
rhawkins@deloitte.com

Softball Tim Heckler
sbmsasoftball@instaburst.com

Soccer Lamar Curtis
soccer@infoadvisory.com